

Did You Know?

The cost of operating a car includes depreciation, maintenance, insurance and gas. A very conservative estimate of those annual costs is \$4,780 a year, which does not include licensing fees, parking, etc. This equates to \$92 a week that could be spent on other forms of transportation.

Alternatives to driving exist.

Use this booklet to experiment and become familiar with transportation options available in your community.

Age Friendly London Network

Transportation Working Group

www.london.ca/agefriendly

For content updates contact:

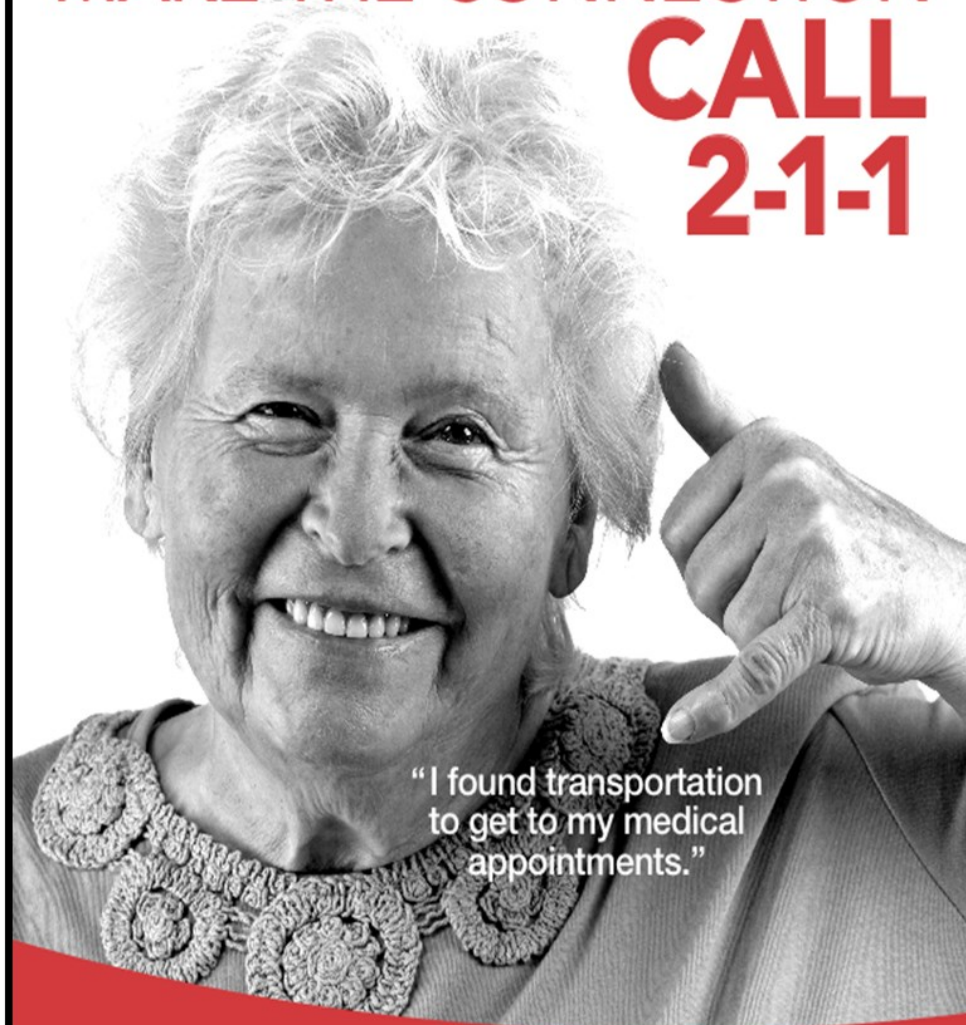
519-661-2500 x 7208 or the respective agencies or visit the website listed in booklet

June 2016

London & Area Transportation Information AGE FRIENDLY LONDON NETWORK Transportation Working Group



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What Is The Age Friendly London Network?



The Age Friendly London Network (AFLN) is a community-based network responsible for implementing the Age Friendly London Three Year Action Plan. The AFLN is comprised of eight working groups.

The Transportation Working Group of the Age Friendly London Network supports older adults' ability to maintain independence and mobility through access to a range of transportation options.

Our vision of an Age Friendly London is a diverse, vibrant, caring and healthy community, which empowers all individuals to age well and have opportunities to achieve their full potential.

For more information about Age Friendly London or to request additional copies of this document, please contact us at the phone number or email address below:

(519) 661-2500 x7208

agefriendlylondon@london.ca

This guide to transportation options available for older adults in London was developed by the Transportation Working Group of the Age Friendly London Network. This guide is an updated version of the document originally developed by the Transportation Committee of the Seniors Community Association.

Looking for Information About Using London Transit?

For more information about using the London Transit

Commission bus system, please see the *Age Friendly London Network—Guide to London Transit*, which is available at

www.london.ca/agefriendly or call (519) 661-2500 Ext. 7208 to request paper copies.

The information contained in this document is as accurate as possible at the time of printing. Please contact individual agencies for up-to-date fee and service information. This document is intended for information purposes only. The Age Friendly London Network accepts no responsibility for the accuracy of the information contained herein, or any loss or damage as a result of its use.

Transportation Providers

At Your Service for Seniors

(519) 872-0875

Cost: \$22.50/hr \$0.50/km, transportation and accompaniment

Hours: Mon-Fri; 8am - 6pm or on request

Reservation: 2-3 days in advance preferred

Eligibility: Older adults in The City of London and St Thomas

Accessibility: Can accommodate folding walkers and wheelchairs

www.atyourserviceforseniors.ca

Boys & Girls Club of London

(519) 434 9119

Cost: \$4.00 each way (10 tickets for \$37.50)

Hours: 8am - 4pm; buses depend on programming

Reservation: 3 days in advance

Eligibility: Older adults must register with club programs

Accessibility: Vehicles are wheelchair accessible

www.bgclondon.ca

Helping Hands Plus London

(519) 472-1446

Cost: Escort \$25/hr; transport + escort \$45/hr for first and last hour additional hours are \$25

Hours: Mon-Fri; 9am - 3pm; additional hours available

Reservation: 2-3 days in advance

Eligibility: Open to all

Accessibility: Can accommodate folding walkers and wheelchairs. Will schedule wheelchair cab. Out of town trips can be scheduled

www.helpinghandspluslondon.ca

Red Cross Society—St. Thomas

(519) 631-1611 1-866-280-1735

Cost: \$9.50 return anywhere in St. Thomas city area; \$33 return anywhere in London

Hours: Mon-Fri; 8:30am - 4:30pm

Reservation: 3 Days in advance

Eligibility: Volunteer transportation is available for medical appointments, day programs and social trips

Accessibility: Not wheelchair accessible

www.redcross.ca

VON Senior Support Services Middlesex-Elgin

(519) 659-2273 1-866-865-6711

Cost: \$0.35/km; \$5 minimum within area

Hours: 8am - 4pm; additional times can be arranged

Reservation: 24-48 hours in advance recommended

Eligibility: Older adults and adults with physical disabilities; medical or other appointments, errands and social outings

Accessibility: Wheelchair accessible available for extra cost

www.vonmiddlesexelgin.ca/transportation-services

Voyageur Non-Emergency Medical Transfer

(519) 455-1390

Cost: Local transport on a stretcher is \$80 and a wheelchair is \$48. For more information, call or visit website.

Hours: 24 hours/day, 7 days/week. Available on holidays

www.voyageurtransportation.ca/services

Ingersoll Services for Seniors

(519) 485-2269

Cost: \$0.45/km. Flat rates for trips within Ingersoll and surrounding areas. Call or visit website for more information

Hours: 8am - 4:30pm

Reservation: Advance booking recommended

Eligibility: Older adults and adults with physical disabilities living in the Ingersoll area

Accessibility: Vehicles are not wheelchair accessible. Some can accommodate folding walkers and wheelchairs

www.ingersollseniors.com

J and T Murphy Limited— Wheelchair Vehicle

(519) 660-8200

Cost: Set fee plus hourly fee

Hours: Administration: Mon-Fri; 8am - 5pm

Reservation: Call, no referral required

Eligibility: People in wheelchairs or who have other permanent mobility disabilities

Accessibility: Wheelchair accessible

www.murphybus.ca

Oneida Nation on the Thames

(519) 652-0500

Cost: Free for long term care residents

Hours: During community program times

Reservation: By 10 am the morning of the program

Eligibility: Resident in long term care programs; older adult or adult with disabilities

Accessibility: Wheelchair accessible vehicles are available. Call for more information

www.oneida.on.ca

Home Instead Senior Care

(519) 913-1662

Cost: Cost varies based on needs of the client

Hours: 24 hours a day, 7 days a week

Reservation: 12 hours in advance preferred

Eligibility: Open to all

Accessibility: Can assist client into vehicle

www.homeinstead.com/3028

Senior Care Drivers

(519) 659-4809

Cost: Flat rate inside of London; services available outside of London

Hours: Mon-Fri; 8:30am - 5pm; additional hours available under exceptional circumstances (e.g. MRI, kidney dialysis)

Reservation: 24-48 hours in advance

Eligibility: Open to all

Accessibility: Accessible transportation for medical appointments, special events, grocery shopping, etc.

www.seniorcaredrivers.ca

London Transit Commission: Conventional Transit

(519) 451-1347

Cost: LTC bus fares

Hours: Mon-Fri; 6am-12am, Sat, Sun & Holiday, 8:30am - 11pm

Reservation: Not required; refer to bus schedules for times

Eligibility: Open to all

Accessibility: All buses are low-floor accessible. Auditory cues for stop identification

www.ltconline.ca

London Transit Commission: Community Bus

(519) 451-1347

Cost: LTC bus fares

Hours: Call or visit website for route 51, 53, 54

Reservation: Not required; Refer to bus schedules for times

Eligibility: Open to all

Accessibility: All buses are low-floor accessible. Auditory cues for stop identification

www.ltconline.ca/specialized.htm

London Transit Commission: Specialized Transit

(519) 453-3444

Cost: LTC bus fares

Hours: Mon-Sat 6am-12am; Sun & Holiday 8:30 am-11pm

Reservation: Three days in advance

Eligibility: Any resident with a disability that prevents them from using LTC's conventional transit

Accessibility: All vehicles lift-equipped

www.ltconline.ca/specialized.htm

Meals On Wheels London

(519) 660-1430

Cost: \$18 per trip plus parking fees. Financial assistance may be available.

Hours: 8:30am - 4:30pm

Reservation: Minimum 1 week notice

Eligibility: Only available for medical appointments; Older adults and adults with disabilities who are unable to use public transit

Accessibility: Personal vehicles, not wheelchair accessible

www.meals-on-wheels.ca/transportation

Specialty Services

Canadian Cancer Society

(519) 432-1137

Cost: Free for patients, new registrants for transportation services pay one-time \$100 fee

Hours: Mon-Fri; 9am - 5pm

Reservation: Minimum 2 business days in advance

Eligibility: Patients needing transportation for cancer-related care

www.cancer.ca/en/support-and-services/support-services/transportation-on

Four Counties Health Services

(519) 693-8604 1-800-724-3401

Cost: \$5 one way within catchment area or \$10 return; fees vary with distance travelled

Hours: 24 hours/day, 7 days/week

Reservation: Advanced booking required

Eligibility: Older adults and adults with disabilities

Accessibility: Can accommodate 2 wheelchairs and transports up to 16 people

www.mhalliance.on.ca

Hoffman's Patient Transfer Inc.

(519) 237-3631 1-888-237-3631

Cost: \$106/hr, \$63/hr to wait, price quotes are available for less than one hour. Prices vary by clients needs and destination; please call for details

Hours: 24 hours/day, 7 days/week

Eligibility: Persons requiring non-emergency medical transportation

Accessibility: Wheelchair accessible with qualified attendants on board

www.hoffmanspatienttransfer.com

London Green Taxi

(519) 777-8888

www.londongreentaxi.ca**Lucan Taxi**

(519) 227-2277

Cost: Flat rates for Lucan and surrounding area. Seniors discount pricing on some rates. Call for more information.**Hours:** Sun-Thurs, 7am - midnight; Fri-Sat 7am - 3 am. Can arrange for appointments outside of regular business hours**Accessibility:** Can accommodate folding walkers and wheelchairswww.lucantaxi.ca**U-Need-A-Cab**

(519) 438-2121

Cost: Based on zone system; seniors' discount 10% (ID stating 65+ age required)**Hours:** 24 hours/day, 7 days/week**Accessibility:** Wheelchair accessible vehicles available; advance booking requiredwww.uneedacablondon.ca**Yellow London Taxi**

(519) 657-1111

Cost: Flat rate based on zone system in town, seniors (60+) discount of 10%**Hours:** 24 hours/day, 7 days/week**Accessibility:** Can accommodate walkers and wheelchairs. Call in advance to book accessible vanwww.yellowlondontaxi.ca**Mobile Link Ltd.**

(519) 850-2273 1-877-460-5465

Cost: \$16 pick-up fee, plus 0.85/km; \$90 return trip of 30 km
\$45 per pick-up + \$1 per km traveled over 15 km**Hours:** Mon-Fri, 8am - 5pm; additional times possible**Reservation:** Call for appointment**Eligibility:** All ages**Accessibility:** Walker and wheelchair accessible, stretcher, ambulatory transportation and door-to-door, services available outside of Londonwww.mobilelinktransportation.com**Over 55 London Inc.**

(519) 680-1464

Cost: Negotiable between client and driver; drivers are police checked and have insurance**Hours:** 9am - 4pm to book**Reservation:** Best to call a couple days in advance**Eligibility:** Service available outside of London**Accessibility:** Personal vehicles, not wheelchair accessiblewww.over55london.ca**Seniors For Seniors**

(519) 433-5000

Cost: Cost varies. Please contact for more details**Hours:** Office hours 8:30am - 4:30am; rides available Mon-Fri, 7am-10pm; weekend & holiday rides can be requested.**Reservation:** 2 days in advance**Eligibility:** Older adults (50+)**Accessibility:** Can accommodate folding walkers and wheelchairswww.seniorsforseniors.ca

Ride-Sharing and Car-Sharing Programs

Community CarShare

1-855-742-7399

Community CarShare is a non-profit co-operative which provides its members access to vehicles on a self-serve, pay-per-use basis.

Cost: Rates vary depending on plan

Hours: Office hours Mon.-Thurs. 10am - 5pm

Accessibility: Not wheelchair accessible

www.communitycarshare.ca

Regional Rideshare Program

Cost: Free to register * cost sharing arrangements to be made by car-poolers

Hours: Hours vary

Eligibility: Open to all; Register on website

Accessibility: Not wheelchair accessible

www.regionalrideshare.ca

Taxi Services

*** Inquire about seniors' discount when booking ***

Blue and White Taxi

Taxi: (519) 432-2222

Cost: Flat rate based on zone system; seniors' discount of 10% (ID stating 65+ age required). Request seniors' discount when entering taxi

Hours: 24 hours/day, 7 days/week

Accessibility: Wheelchair accessible cab available. Advance reservations recommended

www.aboutown.ca

Checker Limousine

(519) 659-0440 1-800-263-7613

Cost: Flat rate based on zone system in town, by the km pricing outside of town, seniors (60+) discount of 10%; account can be set up for monthly invoice—call (519) 455-4579 Ext. 228 (credit card required)

Hours: 24 hours/day, 7 days/week

Accessibility: Will assist with walkers; can accommodate folding wheelchairs

www.voyageurtransportation.ca/services/checker_limousine/overview

Komoka K Cab

(519) 657-1116

Leo Taxis—Strathroy

(519) 245-8555